

Régionale LOST

Bois des Rêves et environs 28.11.2021

LOST

Nicolas SILLIEN

C.O. Pégase

Course : H:Noir très long

Distance : 8400m (Climbing 260m)

Time : 1:09:12 (8'14"/km)

3/31

O.K.

[Full result on Webres](#)

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|-----------------------|---------|
| 1. Christophe BERNARD | 1:03:49 |
| 2. Simon ARNO | 1:07:16 |

1.	169	00:00:51		150m	5'40"/km
2.	172	00:00:50	00:01:41	148m	5'38"/km
3.	177	00:02:19	00:04:00	182m	12'44"/km
4.	175	00:00:49	00:04:49	118m	6'55"/km
5.	171	00:00:40	00:05:29	130m	5'08"/km
6.	170	00:00:56	00:06:25	149m	6'16"/km
7.	197	00:02:07	00:08:32	271m	7'49"/km
8.	224	00:02:59	00:11:31	351m	8'30"/km
9.	204	00:02:04	00:13:35	195m	10'36"/km
10.	206	00:00:51	00:14:26	106m	8'01"/km
11.	207	00:00:47	00:15:13	127m	6'10"/km
12.	210	00:01:43	00:16:56	162m	10'36"/km
13.	213	00:03:03	00:19:59	100m	30'30"/km
14.	214	00:00:23	00:20:22	54m	7'06"/km
15.	216	00:01:06	00:21:28	213m	5'10"/km
16.	217	00:02:19	00:23:47	163m	14'13"/km
17.	220	00:04:44	00:28:31	416m	11'23"/km
18.	192	00:03:54	00:32:25	523m	7'27"/km
19.	191	00:01:04	00:33:29	86m	12'24"/km
20.	194	00:01:47	00:35:16	215m	8'18"/km
21.	195	00:01:36	00:36:52	115m	13'55"/km
22.	190	00:02:10	00:39:02	230m	9'25"/km
23.	189	00:00:30	00:39:32	61m	8'12"/km
24.	188	00:01:07	00:40:39	115m	9'43"/km
25.	186	00:01:44	00:42:23	194m	8'56"/km
26.	185	00:02:40	00:45:03	394m	6'46"/km
27.	183	00:00:24	00:45:27	76m	5'16"/km
28.	182	00:01:11	00:46:38	173m	6'50"/km
29.	181	00:01:29	00:48:07	166m	8'56"/km
30.	223	00:00:48	00:48:55	113m	7'05"/km
31.	167	00:01:16	00:50:11	227m	5'35"/km
32.	196	00:01:36	00:51:47	138m	11'36"/km
33.	200	00:02:04	00:53:51	294m	7'02"/km
34.	208	00:03:14	00:57:05	268m	12'04"/km
35.	211	00:01:06	00:58:11	63m	17'28"/km
36.	209	00:00:52	00:59:03	102m	8'30"/km

37.	207	00:01:10	01:00:13	91m	12'49"/km
38.	205	00:00:49	01:01:02	120m	6'48"/km
39.	203	00:01:20	01:02:22	155m	8'36"/km
40.	222	00:03:40	01:06:02	470m	7'48"/km
41.	218	00:01:58	01:08:00	324m	6'04"/km
42.	219	00:00:47	01:08:47	167m	4'41"/km
43.	999	00:00:25	01:09:12	63m	6'37"/km

HELGA



Orienteering Software