Régionale LOST
Bois des Rêves et environs 28.11.2021
LOST

Monique DEFFENSE
C.O. Pégase
Circuit : D:Noir court
Distance : 3100m (Dénivelé 105m)
Temps : 0:50:24 (16'15"/km)

1/8 O.K.

Résultats complets sur Webres

2. Laurence AUGHUET 0:52:27
3. Kiara NIJST 1:01:52

1.	174	00:00:45		80m	9'23"/km
2.	177	00:01:32	*00:02:17*	119m	12'53"/km
3.	175	00:01:43	*00:04:00*	118m	14'33"/km
4.	223	00:01:33	*00:05:33*	162m	9'34"/km
5.	167	00:02:03	*00:07:36*	227m	9'02"/km
6.	197	00:03:58	*00:11:34*	182m	21'48"/km
7.	203	00:03:32	*00:15:06*	219m	16'08"/km
8.	224	00:02:28	*00:17:34*	169m	14'36"/km
9.	205	00:02:44	*00:20:18*	54m	50'37"/km
10.	204	00:04:06	*00:24:24*	147m	27'53"/km
11.	206	00:01:46	*00:26:10*	106m	16'40"/km
12.	207	00:01:59	*00:28:09*	127m	15'37"/km
13.	208	00:02:00	*00:30:09*	124m	16'08"/km
14.	212	00:02:26	*00:32:35*	80m	30'25"/km
15.	210	00:02:11	*00:34:46*	102m	21'24"/km
16.	209	00:01:07	*00:35:53*	83m	13'27"/km
17.	201	00:05:25	*00:41:18*	385m	14'04"/km
18.	217	00:04:27	*00:45:45*	304m	14'38"/km
19.	218	00:02:50	*00:48:35*	86m	32'57"/km
20.	219	00:01:18	*00:49:53*	167m	7'47"/km
21.	999	00:00:31	*00:50:24*	63m	8'12"/km

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