

Regionale

Kolisbos 28.11.2021

hamok

Bram PAWLAK

Omega

Course : H:01

Distance : 8760m

Time : 1:49:11 (12'28"/km)

9/10

O.K.

[Full result on Webres](#)

1. Jeroen HOEKX	0:49:58
2. Nico CEUNEN	0:55:37
3. Winston FRANSSEN	0:58:45

1.	36	00:05:34		236m	23'35"/km
2.	42	00:08:12	00:13:46	308m	26'37"/km
3.	45	00:02:11	00:15:57	197m	11'05"/km
4.	48	00:03:04	00:19:01	375m	8'11"/km
5.	50	00:01:46	00:20:47	181m	9'46"/km
6.	51	00:01:23	00:22:10	136m	10'10"/km
7.	52	00:00:26	00:22:36	69m	6'17"/km
8.	54	00:01:48	00:24:24	209m	8'37"/km
9.	71	00:03:22	00:27:46	413m	8'09"/km
10.	70	00:01:50	00:29:36	169m	10'51"/km
11.	63	00:06:05	00:35:41	454m	13'24"/km
12.	68	00:10:27	00:46:08	425m	24'35"/km
13.	72	00:04:16	00:50:24	499m	8'33"/km
14.	73	00:04:03	00:54:27	258m	15'42"/km
15.	80	00:05:56	01:00:23	500m	11'52"/km
16.	81	00:03:09	01:03:32	129m	24'25"/km
17.	76	00:03:53	01:07:25	298m	13'02"/km
18.	77	00:02:52	01:10:17	228m	12'34"/km
19.	78	00:01:40	01:11:57	158m	10'33"/km
20.	79	00:00:51	01:12:48	129m	6'35"/km
21.	75	00:03:53	01:16:41	463m	8'23"/km
22.	74	00:01:22	01:18:03	149m	9'10"/km
23.	67	00:03:59	01:22:02	451m	8'50"/km
24.	66	00:02:07	01:24:09	195m	10'51"/km
25.	65	00:03:05	01:27:14	313m	9'51"/km
26.	64	00:01:07	01:28:21	80m	13'58"/km
27.	61	00:05:52	01:34:13	479m	12'15"/km
28.	60	00:02:17	01:36:30	142m	16'05"/km
29.	58	00:01:49	01:38:19	122m	14'53"/km
30.	55	00:04:04	01:42:23	310m	13'07"/km
31.	31	00:01:33	01:43:56	298m	5'12"/km
32.	33	00:02:22	01:46:18	151m	15'40"/km
33.	69	00:01:42	01:48:00	143m	11'53"/km
34.	999	00:01:11	01:49:11	93m	12'43"/km