Championnat FRSO de Sprint
Seraing 21.11.2021
Hermathenae

Monique DEFFENSE
C.O. Pégase
Circuit : D. Masters D
Distance : 1970m (Dénivelé 30m)
Temps : 0:15:28 (7'51"/km)

1/4 O.K.

Résultats complets sur Webres

2. Agnès PONCELET 0:21:11
3. Françoise CHATELAIN-NANOUX 0:22:24

1.	122	00:01:42		151m	11'15"/km
2.	110	00:01:38	*00:03:20*	186m	8'47"/km
3.	93	00:00:51	*00:04:11*	87m	9'46"/km
4.	94	00:01:28	*00:05:39*	126m	11'38"/km
5.	111	00:01:15	*00:06:54*	156m	8'01"/km
6.	106	00:01:00	*00:07:54*	68m	14'42"/km
7.	105	00:01:19	*00:09:13*	159m	8'17"/km
8.	107	00:01:17	*00:10:30*	183m	7'01"/km
9.	108	00:02:07	*00:12:37*	137m	15'27"/km
10.	117	00:01:29	*00:14:06*	152m	9'46"/km
11.	116	00:01:06	*00:15:12*	83m	13'15"/km
12.	999	00:00:16	*00:15:28*	39m	6'50"/km

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