



## CIRCUITO CONA 2021 - 4ª ETAPA

Parnamirim - RN 21.11.2021

Clube de Orientação de Natal

**Rafael Santos Nascimento**

COMaNE

Course : H Master N

Distance : 6000m (Climbing 40m)

Time : 0:54:08 (9'01"/km)

**1/3**

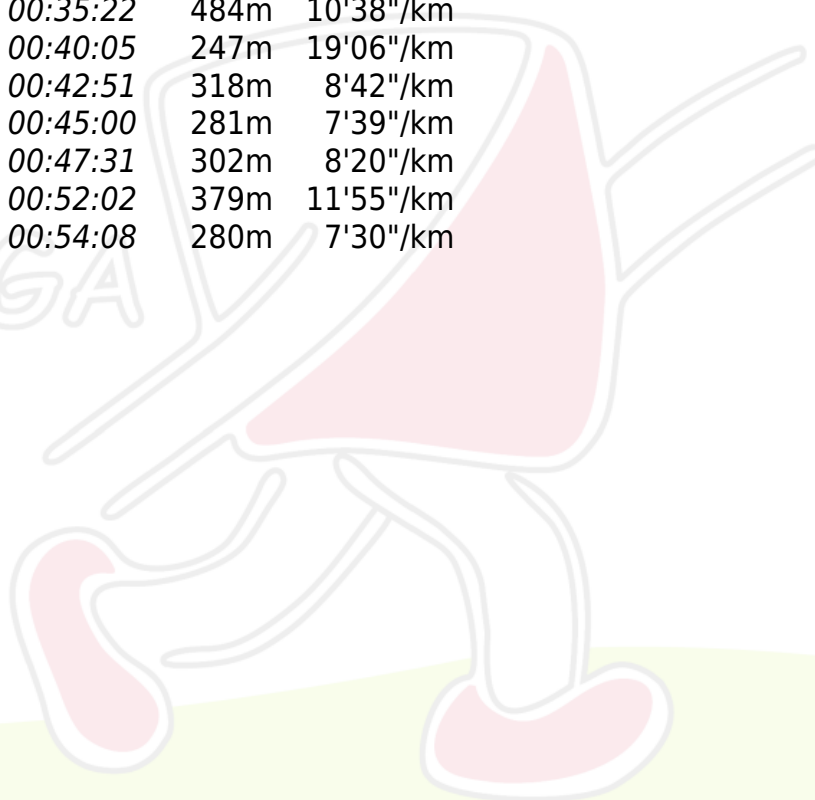
O.K.

[Full result on Webres](#)

|                             |         |
|-----------------------------|---------|
| 2. José Mauro Da Silva Melo | 1:16:00 |
| 3. Samuel Souza de Brito    | 1:16:04 |

|     |     |          |          |       |           |
|-----|-----|----------|----------|-------|-----------|
| 1.  | 103 | 00:02:55 |          | 455m  | 6'25"/km  |
| 2.  | 106 | 00:05:03 | 00:07:58 | 517m  | 9'46"/km  |
| 3.  | 108 | 00:08:05 | 00:16:03 | 700m  | 11'33"/km |
| 4.  | 107 | 00:01:35 | 00:17:38 | 235m  | 6'44"/km  |
| 5.  | 111 | 00:07:19 | 00:24:57 | 1040m | 7'02"/km  |
| 6.  | 96  | 00:02:24 | 00:27:21 | 347m  | 6'55"/km  |
| 7.  | 95  | 00:02:52 | 00:30:13 | 450m  | 6'22"/km  |
| 8.  | 93  | 00:05:09 | 00:35:22 | 484m  | 10'38"/km |
| 9.  | 91  | 00:04:43 | 00:40:05 | 247m  | 19'06"/km |
| 10. | 83  | 00:02:46 | 00:42:51 | 318m  | 8'42"/km  |
| 11. | 82  | 00:02:09 | 00:45:00 | 281m  | 7'39"/km  |
| 12. | 81  | 00:02:31 | 00:47:31 | 302m  | 8'20"/km  |
| 13. | 100 | 00:04:31 | 00:52:02 | 379m  | 11'55"/km |
| 14. | 999 | 00:02:06 | 00:54:08 | 280m  | 7'30"/km  |

HELGA



Orienteering Software