



CIRCUITO CONA 2021 - 4ª ETAPA

Parnamirim - RN 21.11.2021

Clube de Orientação de Natal

Alexandro Barbosa Da Silva

CONA

Course : H Adulto N

Distance : 6000m (Climbing 40m)

Time : 1:22:36 (13'46"/km)

5/6

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------------|---------|
| 1. Diogo Lary Ferreira Duarte | 0:42:46 |
| 2. Rafael De Oliveira Figueiredo | 0:50:22 |
| 3. Carlos Magno Silva De Oliveira | 0:59:36 |

1.	103	00:03:16		455m	7'11"/km
2.	106	00:10:37	00:13:53	517m	20'32"/km
3.	108	00:05:44	00:19:37	700m	8'11"/km
4.	107	00:01:53	00:21:30	235m	8'01"/km
5.	111	00:08:41	00:30:11	1040m	8'21"/km
6.	96	00:03:54	00:34:05	347m	11'14"/km
7.	95	00:03:08	00:37:13	450m	6'58"/km
8.	93	00:22:18	00:59:31	484m	46'04"/km
9.	91	00:10:13	01:09:44	247m	41'22"/km
10.	83	00:02:33	01:12:17	318m	8'01"/km
11.	82	00:02:18	01:14:35	281m	8'11"/km
12.	81	00:02:24	01:16:59	302m	7'57"/km
13.	100	00:03:43	01:20:42	379m	9'48"/km
14.	999	00:01:54	01:22:36	280m	6'47"/km

HELGA

Orienteering Software