



CIRCUITO CONA 2021 - 4ª ETAPA

Parnamirim - RN 21.11.2021

Clube de Orientação de Natal

Rafael De Oliveira Figueiredo

CONA

Course : H Adulto N

Distance : 6000m (Climbing 40m)

Time : 0:50:22 (8'24"/km)

2/6

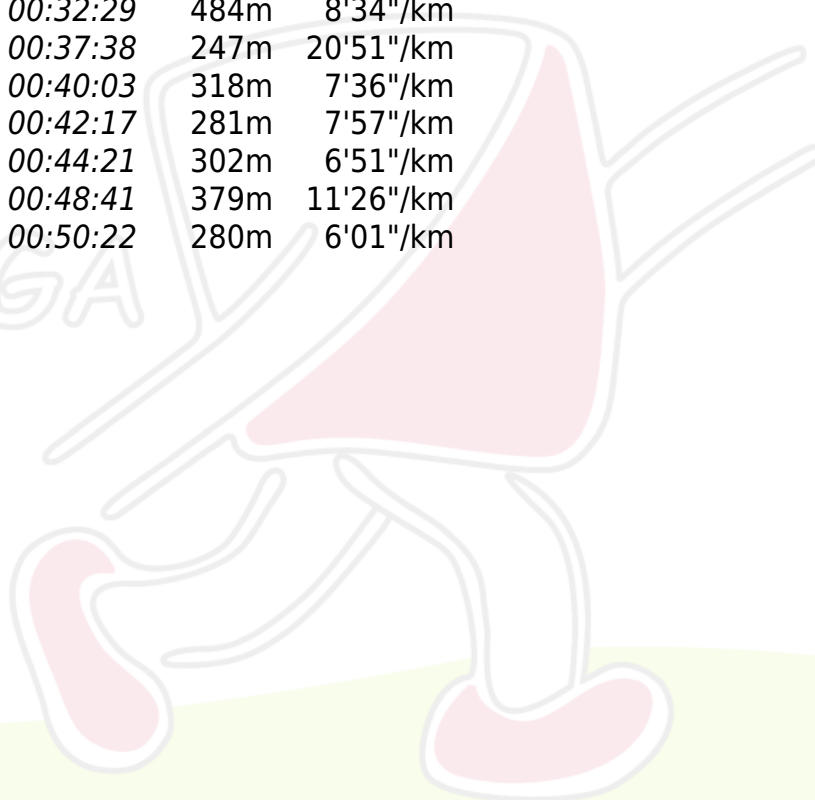
O.K.

[Full result on Webres](#)

- | | |
|-----------------------------------|---------|
| 1. Diogo Lary Ferreira Duarte | 0:42:46 |
| 3. Carlos Magno Silva De Oliveira | 0:59:36 |

1.	103	00:03:16		455m	7'11"/km
2.	106	00:04:46	00:08:02	517m	9'13"/km
3.	108	00:04:59	00:13:01	700m	7'07"/km
4.	107	00:01:40	00:14:41	235m	7'06"/km
5.	111	00:08:19	00:23:00	1040m	8'00"/km
6.	96	00:02:22	00:25:22	347m	6'49"/km
7.	95	00:02:58	00:28:20	450m	6'36"/km
8.	93	00:04:09	00:32:29	484m	8'34"/km
9.	91	00:05:09	00:37:38	247m	20'51"/km
10.	83	00:02:25	00:40:03	318m	7'36"/km
11.	82	00:02:14	00:42:17	281m	7'57"/km
12.	81	00:02:04	00:44:21	302m	6'51"/km
13.	100	00:04:20	00:48:41	379m	11'26"/km
14.	999	00:01:41	00:50:22	280m	6'01"/km

HELGA



Orienteering Software