



CIRCUITO CONA 2021 - 4ª ETAPA

Parnamirim - RN 21.11.2021

Clube de Orientação de Natal

Lhydiane De Sena Silva

CONA

Percurso : D Master A

Distancia : 5500m (Desnivel 45m)

Tempo : 1:36:01 (17'27"/km)

2/2

O.K.

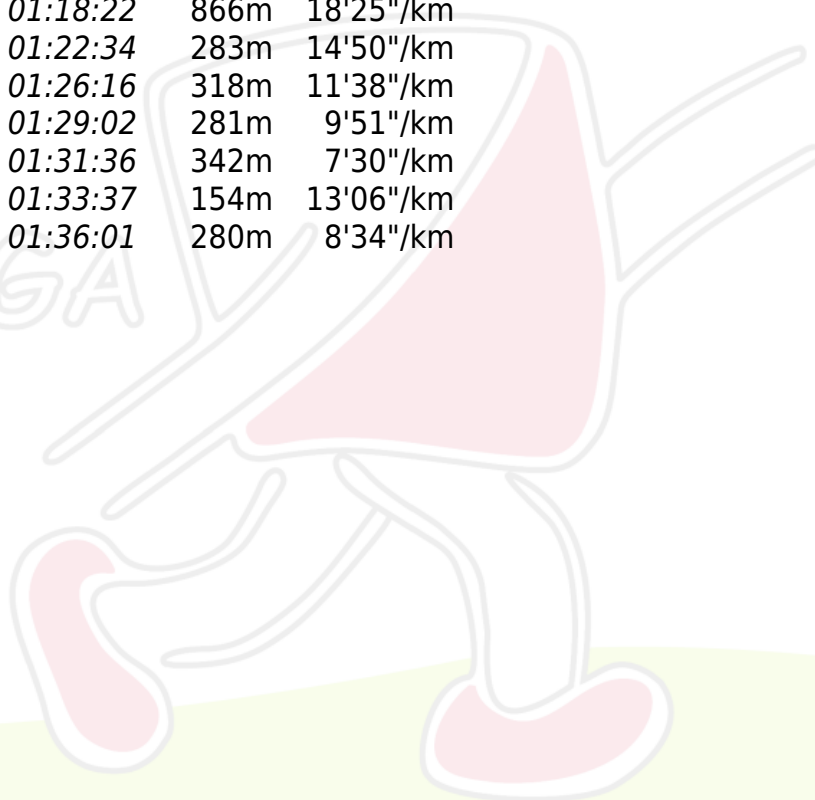
[Resultados completos em Webres](#)

1. Suenia Miliano da Cruz

1:24:57

1.	101	00:04:22		415m	10'31"/km
2.	119	00:06:21	00:10:43	334m	19'01"/km
3.	94	00:04:40	00:15:23	235m	19'51"/km
4.	110	00:05:58	00:21:21	352m	16'57"/km
5.	115	00:07:23	00:28:44	363m	20'20"/km
6.	118	00:14:02	00:42:46	909m	15'26"/km
7.	120	00:19:39	01:02:25	367m	53'33"/km
8.	84	00:15:57	01:18:22	866m	18'25"/km
9.	91	00:04:12	01:22:34	283m	14'50"/km
10.	83	00:03:42	01:26:16	318m	11'38"/km
11.	82	00:02:46	01:29:02	281m	9'51"/km
12.	125	00:02:34	01:31:36	342m	7'30"/km
13.	100	00:02:01	01:33:37	154m	13'06"/km
14.	999	00:02:24	01:36:01	280m	8'34"/km

HELGA



Orienteering Software