



CIRCUITO CONA 2021 - 4ª ETAPA

Parnamirim - RN 21.11.2021

Clube de Orientação de Natal

Márcia Regina De Souza Godoy

CARCARA

Course : D Adulto N

Distance : 5000m (Climbing 35m)

Time : 1:24:02 (16'48"/km)

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O.K.

[Full result on Webres](#)

- | | |
|-----------------------------------|---------|
| 1. Rafaela Jeronimo Da Costa | 0:52:05 |
| 2. Winni Almeida Gomes Figueiredo | 0:52:48 |
| 3. Jéssyca Edly Messias Ribeiro | 0:57:50 |

1.	103	00:03:59		455m	8'45"/km
2.	104	00:05:10	00:09:09	269m	19'12"/km
3.	113	00:12:10	00:21:19	375m	32'27"/km
4.	108	00:07:52	00:29:11	413m	19'03"/km
5.	111	00:10:48	00:39:59	836m	12'55"/km
6.	96	00:03:20	00:43:19	347m	9'36"/km
7.	95	00:03:13	00:46:32	450m	7'09"/km
8.	91	00:22:23	01:08:55	494m	45'19"/km
9.	82	00:04:39	01:13:34	395m	11'46"/km
10.	81	00:02:53	01:16:27	302m	9'33"/km
11.	100	00:05:09	01:21:36	379m	13'35"/km
12.	999	00:02:26	01:24:02	280m	8'41"/km

HELGA

Orienteering Software