



CIRCUITO CONA 2021 - 4ª ETAPA

Parnamirim - RN 21.11.2021

Clube de Orientação de Natal

Rafaela Jeronimo Da Costa

CONA

Course : D Adulto N

Distance : 5000m (Climbing 35m)

Time : 0:52:05 (10'25"/km)

1/4

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------------|---------|
| 2. Winni Almeida Gomes Figueiredo | 0:52:48 |
| 3. Jéssyca Edly Messias Ribeiro | 0:57:50 |

1.	103	00:02:48		455m	6'09"/km
2.	104	00:02:54	00:05:42	269m	10'47"/km
3.	113	00:08:20	00:14:02	375m	22'13"/km
4.	108	00:05:18	00:19:20	413m	12'50"/km
5.	111	00:07:52	00:27:12	836m	9'25"/km
6.	96	00:03:20	00:30:32	347m	9'36"/km
7.	95	00:03:22	00:33:54	450m	7'29"/km
8.	91	00:05:12	00:39:06	494m	10'32"/km
9.	82	00:04:45	00:43:51	395m	12'02"/km
10.	81	00:02:33	00:46:24	302m	8'27"/km
11.	100	00:03:39	00:50:03	379m	9'38"/km
12.	999	00:02:02	00:52:05	280m	7'16"/km

HELGA

Orienteering Software