



# Regionale dagwedstrijd - Molenheide Poppel

## Poppel 14.11.2021

### TROL

#### Ludo AERTS

hamok

Course : H:04

Distance : 4000m

Time : 1:08:00 (17'00"/km)

16/20

O.K.

[Full result on Webres](#)

- |                   |         |
|-------------------|---------|
| 1. Torben AERDEN  | 0:39:02 |
| 2. Rudy CANTRE    | 0:42:38 |
| 3. Ivo TIMMERMANS | 0:43:20 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 33  | 00:05:23 |          | 331m | 16'16"/km |
| 2.  | 70  | 00:01:28 | 00:06:51 | 109m | 13'27"/km |
| 3.  | 68  | 00:03:03 | 00:09:54 | 300m | 10'10"/km |
| 4.  | 69  | 00:02:24 | 00:12:18 | 169m | 14'12"/km |
| 5.  | 85  | 00:02:52 | 00:15:10 | 236m | 12'09"/km |
| 6.  | 84  | 00:04:09 | 00:19:19 | 236m | 17'35"/km |
| 7.  | 87  | 00:04:43 | 00:24:02 | 272m | 17'20"/km |
| 8.  | 75  | 00:03:02 | 00:27:04 | 237m | 12'48"/km |
| 9.  | 74  | 00:13:21 | 00:40:25 | 134m | 99'38"/km |
| 10. | 71  | 00:06:41 | 00:47:06 | 530m | 12'37"/km |
| 11. | 76  | 00:02:37 | 00:49:43 | 176m | 14'52"/km |
| 12. | 39  | 00:05:12 | 00:54:55 | 425m | 12'14"/km |
| 13. | 35  | 00:03:37 | 00:58:32 | 294m | 12'18"/km |
| 14. | 31  | 00:02:47 | 01:01:19 | 133m | 20'56"/km |
| 15. | 67  | 00:04:56 | 01:06:15 | 291m | 16'57"/km |
| 16. | 999 | 00:01:45 | 01:08:00 | 132m | 13'15"/km |

Orienteering Software