



Militair regelmatigheidscriterium
Pijnven 10.11.2021
Belgian Military Orienteering Team

Jeroen LIEFRINK

NLD TEAM

Course : H:1 - oro

Distance : 8500m

Time : 1:35:50 (11'16"/km)

7/8

O.K.

[Full result on Webres](#)

1. Jeroen HOEKX	0:54:23
2. Desmond FRANSSEN	0:57:15
3. Winston FRANSSEN	1:14:59

1.	105	00:02:53		297m	9'42"/km
2.	104	00:01:45	00:04:38	196m	8'56"/km
3.	103	00:01:11	00:05:49	160m	7'24"/km
4.	102	00:02:50	00:08:39	160m	17'42"/km
5.	146	00:02:55	00:11:34	305m	9'34"/km
6.	107	00:10:06	00:21:40	698m	14'28"/km
7.	160	00:16:39	00:38:19	1076m	15'28"/km
8.	140	00:01:00	00:39:19	176m	5'41"/km
9.	112	00:01:59	00:41:18	199m	9'58"/km
10.	113	00:02:20	00:43:38	260m	8'58"/km
11.	144	00:03:21	00:46:59	352m	9'31"/km
12.	110	00:03:09	00:50:08	437m	7'12"/km
13.	115	00:08:06	00:58:14	240m	33'45"/km
14.	124	00:02:40	01:00:54	278m	9'36"/km
15.	127	00:01:03	01:01:57	137m	7'40"/km
16.	137	00:04:23	01:06:20	457m	9'35"/km
17.	121	00:00:41	01:07:01	97m	7'03"/km
18.	154	00:01:29	01:08:30	163m	9'06"/km
19.	148	00:01:27	01:09:57	220m	6'35"/km
20.	120	00:02:13	01:12:10	226m	9'48"/km
21.	126	00:03:09	01:15:19	334m	9'26"/km
22.	159	00:03:56	01:19:15	458m	8'35"/km
23.	125	00:02:05	01:21:20	102m	20'25"/km
24.	132	00:02:09	01:23:29	98m	21'56"/km
25.	133	00:01:42	01:25:11	175m	9'43"/km
26.	134	00:05:14	01:30:25	610m	8'35"/km
27.	136	00:01:49	01:32:14	111m	16'22"/km
28.	153	00:01:20	01:33:34	134m	9'57"/km
29.	135	00:01:41	01:35:15	201m	8'22"/km
30.	180	00:00:35	01:35:50	134m	4'21"/km