



TRAIL RUN F5 - 6ª ETAPA CAMPEONATO ALAGOANO DE TRAIL
MACEIÓ - AL 7.11.2021
TRAIL RUN F5

Rildson / Cosme

RN TRAINING

Course : 12KMDUMAS

Distance : 12600m (Climbing 398m)

Time : 2:00:19,691 (6,28 km/h)

17/19

O.K.

[Full result on Webres](#)

1. Adriano / Valter	1:08:19,761
2. Rosinaldo / Lobo	1:14:18,476
3. Carlos Eduardo / Carlosjorge	1:16:24,128

1.	81	00:06:02		440m	4.38 km/h	EntradaDaTrilha
2.	82	00:13:43	00:19:45	1490m	6.52 km/h	Hidratação1/DivCategorias
3.	83	00:40:57	01:00:42	3870m	5.67 km/h	Hidratação2
4.	84	00:37:48	01:38:30	3190m	5.06 km/h	Hidratação3/InicioDesafio
5.	999	00:21:49	02:00:19	3260m	8.97 km/h	Chegada / FimDesafio

HELGA



Orienteering Software