



4a Etapa CMOC

Curitiba - PR 7.11.2021

Clube de Orientação Gralha Azul

Ronaldo Grontonski Ribeiro

COC

Course : H Vet A

Distance : 5400m (Climbing 70m)

Time : 2:06:49 (23'29"/km)

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O.K.

[Full result on Webres](#)

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|----------------------------|---------|
| 1. Jaime Demarchi | 1:16:24 |
| 2. Plínio Costa Nascimento | 1:58:23 |

1.	122	00:02:59		304m	9'49"/km
2.	106	00:19:25	00:22:24	204m	95'11"/km
3.	94	00:05:15	00:27:39	182m	28'51"/km
4.	104	00:10:46	00:38:25	385m	27'58"/km
5.	127	00:18:52	00:57:17	297m	63'31"/km
6.	132	00:08:39	01:05:56	516m	16'46"/km
7.	97	00:02:15	01:08:11	105m	21'26"/km
8.	96	00:02:20	01:10:31	111m	21'01"/km
9.	110	00:04:39	01:15:10	103m	45'09"/km
10.	107	00:03:19	01:18:29	297m	11'10"/km
11.	101	00:11:34	01:30:03	892m	12'58"/km
12.	120	00:03:10	01:33:13	140m	22'37"/km
13.	92	00:02:19	01:35:32	120m	19'18"/km
14.	118	00:10:49	01:46:21	811m	13'20"/km
15.	114	00:12:10	01:58:31	96m	126'44"/km
16.	116	00:05:02	02:03:33	251m	20'03"/km
17.	100	00:02:59	02:06:32	212m	14'04"/km
18.	999	00:00:17	02:06:49	82m	3'27"/km

Orienteering Software