



4a Etapa CMOC
Curitiba - PR 7.11.2021
Clube de Orientação Gralha Azul

Plínio Costa Nascimento

COC

Course : H Vet A

Distance : 5400m (Climbing 70m)

Time : 1:58:23 (21'55"/km)

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O.K.

[Full result on Webres](#)

1. Jaime Demarchi	1:16:24
3. Ronaldo Grontonski Ribeiro	2:06:49

1.	122	00:02:01		304m	6'38"/km
2.	106	00:19:53	00:21:54	204m	97'28"/km
3.	94	00:04:23	00:26:17	182m	24'05"/km
4.	104	00:04:55	00:31:12	385m	12'46"/km
5.	127	00:05:03	00:36:15	297m	17'00"/km
6.	132	00:07:03	00:43:18	516m	13'40"/km
7.	97	00:03:56	00:47:14	105m	37'28"/km
8.	96	00:14:44	01:01:58	111m	132'44"/km
9.	110	00:03:33	01:05:31	103m	34'28"/km
10.	107	00:03:08	01:08:39	297m	10'33"/km
11.	101	00:08:53	01:17:32	892m	9'58"/km
12.	120	00:14:34	01:32:06	140m	104'03"/km
13.	92	00:02:03	01:34:09	120m	17'05"/km
14.	118	00:10:53	01:45:02	811m	13'25"/km
15.	114	00:04:48	01:49:50	96m	50'00"/km
16.	116	00:05:18	01:55:08	251m	21'07"/km
17.	100	00:02:56	01:58:04	212m	13'50"/km
18.	999	00:00:19	01:58:23	82m	3'52"/km

Orienteering Software