



## 4a Etapa CMOC

### Curitiba - PR 7.11.2021

### Clube de Orientação Gralha Azul

**Rodrigo Tetsuo Nabeyama**

COC

Course : H Master N

Distance : 4400m (Climbing 50m)

Time : 0:41:57 (9'32"/km)

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O.K.

[Full result on Webres](#)

|                              |         |
|------------------------------|---------|
| 2. Sylvio Ronaldo Pinheiro   | 0:46:01 |
| 3. Marcio Fernandes Da Silva | 0:53:55 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 122 | 00:03:03 |          | 304m | 10'02"/km |
| 2.  | 129 | 00:05:02 | 00:08:05 | 561m | 8'58"/km  |
| 3.  | 130 | 00:04:00 | 00:12:05 | 283m | 14'08"/km |
| 4.  | 103 | 00:04:04 | 00:16:09 | 347m | 11'43"/km |
| 5.  | 101 | 00:01:44 | 00:17:53 | 189m | 9'10"/km  |
| 6.  | 125 | 00:01:31 | 00:19:24 | 128m | 11'51"/km |
| 7.  | 102 | 00:01:20 | 00:20:44 | 176m | 7'35"/km  |
| 8.  | 91  | 00:02:53 | 00:23:37 | 199m | 14'29"/km |
| 9.  | 119 | 00:04:35 | 00:28:12 | 392m | 11'42"/km |
| 10. | 126 | 00:01:01 | 00:29:13 | 122m | 8'20"/km  |
| 11. | 117 | 00:03:30 | 00:32:43 | 304m | 11'31"/km |
| 12. | 115 | 00:02:23 | 00:35:06 | 217m | 10'59"/km |
| 13. | 128 | 00:03:39 | 00:38:45 | 301m | 12'08"/km |
| 14. | 113 | 00:01:23 | 00:40:08 | 135m | 10'15"/km |
| 15. | 100 | 00:01:29 | 00:41:37 | 230m | 6'27"/km  |
| 16. | 999 | 00:00:20 | 00:41:57 | 82m  | 4'04"/km  |

Orienteering Software