



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Dominique STAS

ASUB

Omloop : LD

Afstand : 8400m (Hoogteverschil 180m)

Tijd : 1:38:28 (11'43"/km)

5/6

O.K.

[Volledige uitslagen op Webres](#)

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|----------------------|---------|
| 1. Gunther DEFERME | 1:18:20 |
| 2. Nancy WENDERICKX | 1:21:41 |
| 3. Patrick KORSTJENS | 1:30:54 |

1.	165	00:10:36		931m	11'23"/km
2.	176	00:03:39	00:14:15	307m	11'53"/km
3.	164	00:02:37	00:16:52	246m	10'38"/km
4.	138	00:11:35	00:28:27	1235m	9'23"/km
5.	127	00:04:52	00:33:19	409m	11'54"/km
6.	140	00:01:26	00:34:45	116m	12'21"/km
7.	130	00:05:23	00:40:08	271m	19'52"/km
8.	131	00:04:13	00:44:21	340m	12'24"/km
9.	125	00:03:58	00:48:19	126m	31'29"/km
10.	171	00:16:16	01:04:35	1562m	10'25"/km
11.	121	00:01:36	01:06:11	130m	12'18"/km
12.	141	00:12:09	01:18:20	1140m	10'39"/km
13.	172	00:02:28	01:20:48	121m	20'23"/km
14.	154	00:03:40	01:24:28	155m	23'39"/km
15.	147	00:03:50	01:28:18	203m	18'53"/km
16.	161	00:05:36	01:33:54	465m	12'03"/km
17.	120	00:03:59	01:37:53	412m	9'40"/km
18.	999	00:00:35	01:38:28	100m	5'50"/km

Orienteering Software