



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Bram PAWLAK

Omega

Course : SD

Distance : 4560m (Climbing 110m)

Time : 1:24:45 (18'35"/km)

12/18

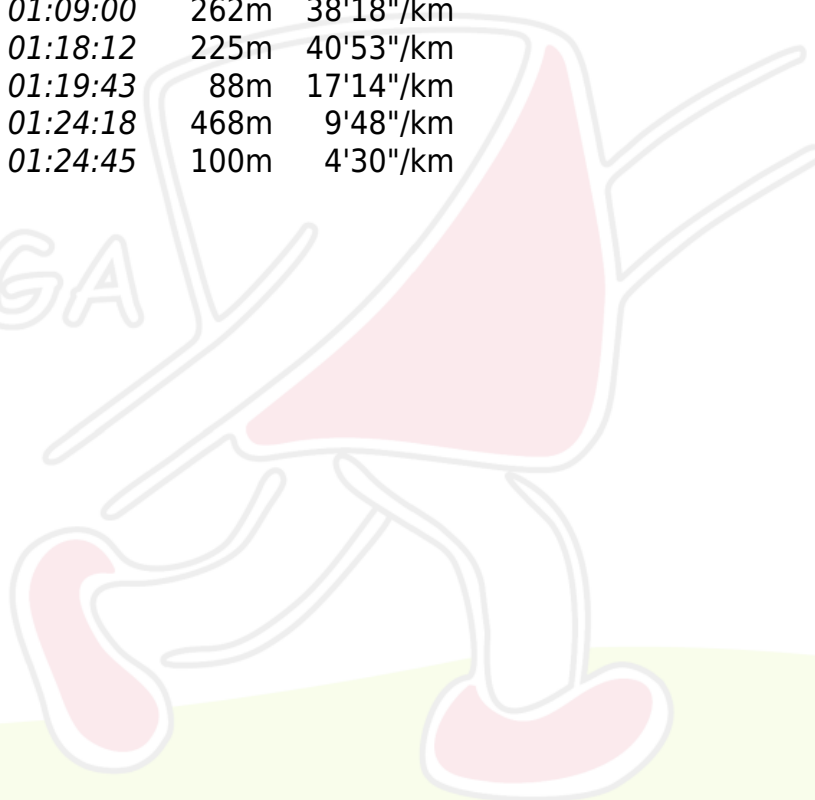
O.K.

[Full result on Webres](#)

1. Hannah THIELS	0:39:07,613
2. Ivan BATCHEV	0:48:41
3. Jorran VAN DER HEIJDEN	0:50:34

1.	166	00:13:47		857m	16'05"/km
2.	124	00:04:43	00:18:30	286m	16'30"/km
3.	131	00:12:55	00:31:25	323m	39'59"/km
4.	133	00:09:10	00:40:35	540m	16'59"/km
5.	134	00:04:22	00:44:57	201m	21'43"/km
6.	122	00:11:42	00:56:39	840m	13'56"/km
7.	176	00:02:19	00:58:58	244m	9'30"/km
8.	171	00:10:02	01:09:00	262m	38'18"/km
9.	137	00:09:12	01:18:12	225m	40'53"/km
10.	117	00:01:31	01:19:43	88m	17'14"/km
11.	120	00:04:35	01:24:18	468m	9'48"/km
12.	999	00:00:27	01:24:45	100m	4'30"/km

HELGA



Orienteering Software