



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Guido CEUNEN

hamok

Course : SE

Distance : 3990m (Climbing 100m)

Time : 1:41:37 (25'28"/km)

7/7

O.K.

[Full result on Webres](#)

1.	Nadine VERLINDEN	1:24:59
2.	Robert HOOFD	1:28:15
3.	Domi KORSTJENS	1:35:59

1.	183	00:05:36		254m	22'03"/km
2.	119	00:04:58	00:10:34	315m	15'46"/km
3.	178	00:11:38	00:22:12	324m	35'54"/km
4.	179	00:08:35	00:30:47	327m	26'15"/km
5.	113	00:05:58	00:36:45	328m	18'11"/km
6.	114	00:18:27	00:55:12	726m	25'25"/km
7.	111	00:11:37	01:06:49	393m	29'34"/km
8.	182	00:03:11	01:10:00	149m	21'22"/km
9.	115	00:14:41	01:24:41	413m	35'33"/km
10.	112	00:10:31	01:35:12	305m	34'29"/km
11.	120	00:04:37	01:39:49	231m	19'59"/km
12.	999	00:01:48	01:41:37	100m	18'00"/km

HELGA

Orienteering Software