



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Anja STYNEN

hamok

Course : SE

Distance : 3990m (Climbing 100m)

Time : 1:41:04 (25'20"/km)

6/7

O.K.

[Full result on Webres](#)

1.	Nadine VERLINDEN	1:24:59
2.	Robert HOOFD	1:28:15
3.	Domi KORSTJENS	1:35:59

1.	183	00:05:19		254m	20'56"/km
2.	119	00:04:55	00:10:14	315m	15'37"/km
3.	178	00:11:19	00:21:33	324m	34'56"/km
4.	179	00:08:55	00:30:28	327m	27'16"/km
5.	113	00:06:02	00:36:30	328m	18'24"/km
6.	114	00:18:05	00:54:35	726m	24'54"/km
7.	111	00:12:01	01:06:36	393m	30'35"/km
8.	182	00:02:43	01:09:19	149m	18'14"/km
9.	115	00:15:14	01:24:33	413m	36'53"/km
10.	112	00:10:22	01:34:55	305m	33'59"/km
11.	120	00:04:42	01:39:37	231m	20'21"/km
12.	999	00:01:27	01:41:04	100m	14'30"/km

HELGA

Orienteering Software