



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Anton BUYTAERT

Omega

Omloop : H70

Afstand : 4330m (Hoogteverschil 120m)

Tijd : 1:03:40,996 (14'42"/km)

12/20

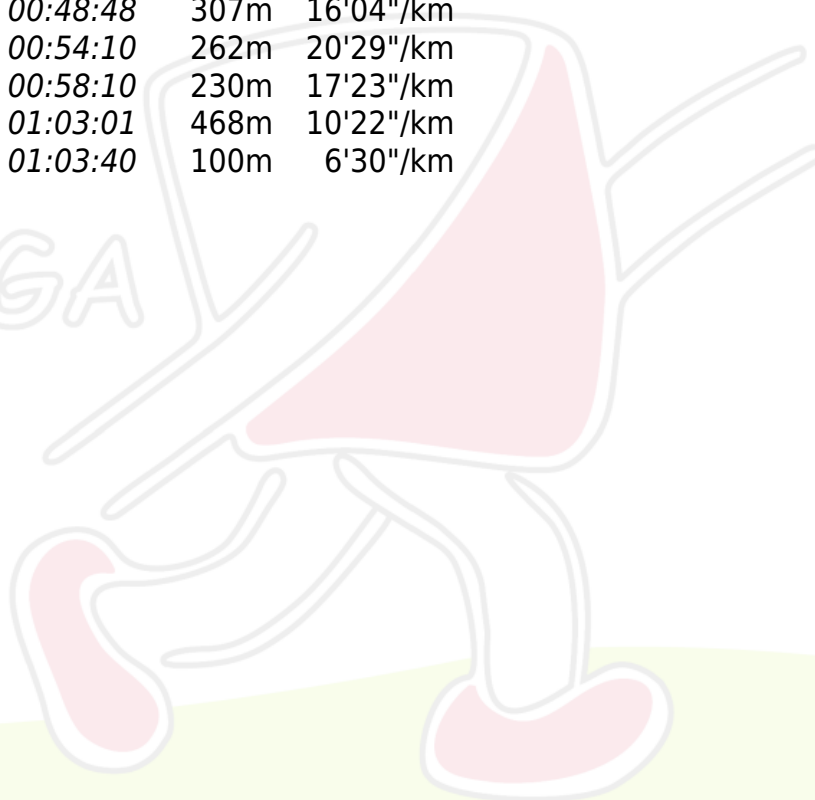
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|-------------|
| 1. Alfred RAES | 0:52:06 |
| 2. Rudy CANTRE | 0:52:22 |
| 3. Christian KRINGS | 0:53:38,898 |

1.	160	00:09:13		581m	15'52"/km
2.	118	00:07:38	00:16:51	504m	15'09"/km
3.	166	00:07:21	00:24:12	640m	11'29"/km
4.	123	00:01:55	00:26:07	141m	13'36"/km
5.	159	00:07:05	00:33:12	235m	30'09"/km
6.	174	00:04:18	00:37:30	280m	15'21"/km
7.	165	00:06:22	00:43:52	454m	14'01"/km
8.	176	00:04:56	00:48:48	307m	16'04"/km
9.	171	00:05:22	00:54:10	262m	20'29"/km
10.	117	00:04:00	00:58:10	230m	17'23"/km
11.	120	00:04:51	01:03:01	468m	10'22"/km
12.	999	00:00:39	01:03:40	100m	6'30"/km

HELGA



Orienteering Software