



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Georges TIMMERMANS

K.O.L.

Course : H70

Distance : 4330m (Climbing 120m)

Time : 1:03:35 (14'41"/km)

11/20

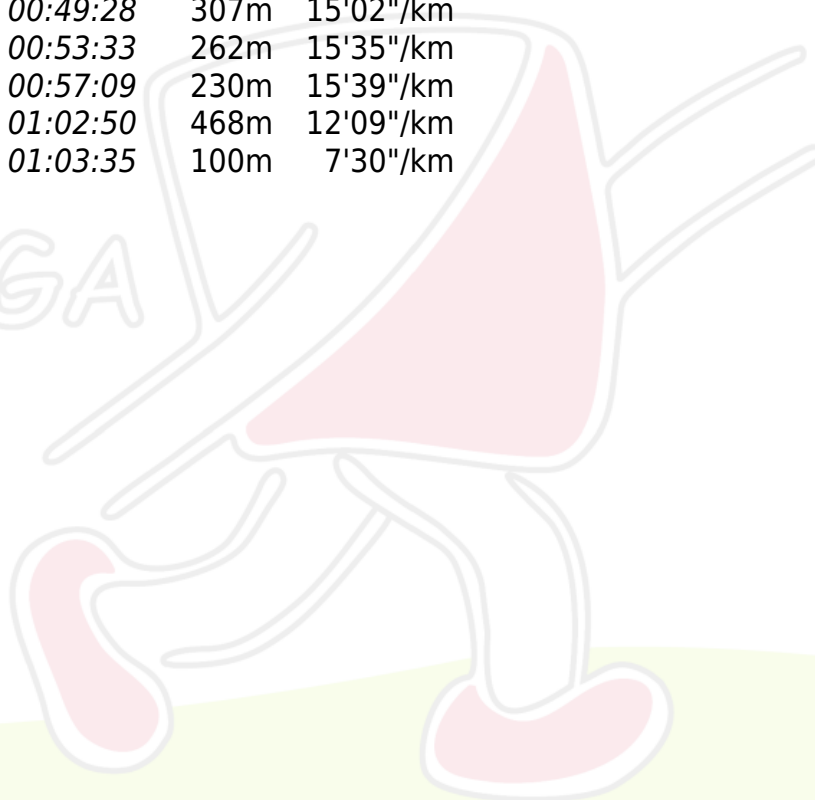
O.K.

[Full result on Webres](#)

- | | |
|---------------------|-------------|
| 1. Alfred RAES | 0:52:06 |
| 2. Rudy CANTRE | 0:52:22 |
| 3. Christian KRINGS | 0:53:38,898 |

1.	160	00:09:23		581m	16'09"/km
2.	118	00:08:26	00:17:49	504m	16'44"/km
3.	166	00:08:17	00:26:06	640m	12'57"/km
4.	123	00:02:12	00:28:18	141m	15'36"/km
5.	159	00:04:59	00:33:17	235m	21'12"/km
6.	174	00:04:38	00:37:55	280m	16'33"/km
7.	165	00:06:56	00:44:51	454m	15'16"/km
8.	176	00:04:37	00:49:28	307m	15'02"/km
9.	171	00:04:05	00:53:33	262m	15'35"/km
10.	117	00:03:36	00:57:09	230m	15'39"/km
11.	120	00:05:41	01:02:50	468m	12'09"/km
12.	999	00:00:45	01:03:35	100m	7'30"/km

HELGA



Orienteering Software