Nationale Lange afstand
Dilsenerbos 6.11.2021
Omega

Jean BREDO
O.L.V. Eifel
Omloop : H70
Afstand : 4330m (Hoogteverschil 120m)
Tijd : 1:01:15 (14'09"/km)

8/20 O.K.

Volledige uitslagen op Webres

1.	Alfred RAES	0:52:06
2.	Rudy CANTRE	0:52:22
3.	Christian KRINGS	0:53:38,898

1.	160	00:07:23		581m	12'42"/km
2.	118	00:09:26	*00:16:49*	504m	18'43"/km
3.	166	00:07:23	*00:24:12*	640m	11'32"/km
4.	123	00:01:30	*00:25:42*	141m	10'38"/km
5.	159	00:08:57	*00:34:39*	235m	38'05"/km
6.	174	00:03:19	*00:37:58*	280m	11'51"/km
7.	165	00:06:14	*00:44:12*	454m	13'44"/km
8.	176	00:04:03	*00:48:15*	307m	13'12"/km
9.	171	00:02:36	*00:50:51*	262m	9'55"/km
10.	117	00:05:33	*00:56:24*	230m	24'08"/km
11.	120	00:04:22	*01:00:46*	468m	9'20"/km
12.	999	00:00:29	*01:01:15*	100m	4'50"/km

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