



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Alfons BAKELANTS

K.O.L.

Course : H65

Distance : 4990m (Climbing 160m)

Time : 1:08:34 (13'44"/km)

6/12

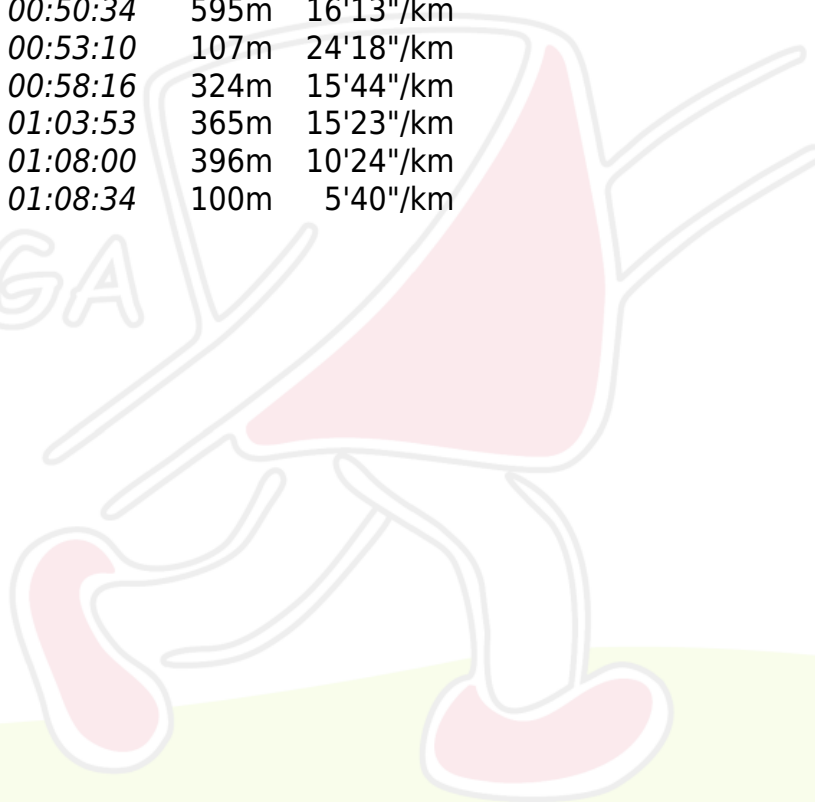
O.K.

[Full result on Webres](#)

1. Pierre WILLEMS	0:49:15
2. Jackie VANDIJCK	0:54:39,773
3. Alfred SIMKENS	1:00:49,386

1.	165	00:11:05		931m	11'54"/km
2.	163	00:05:33	00:16:38	372m	14'55"/km
3.	122	00:02:32	00:19:10	222m	11'25"/km
4.	118	00:07:35	00:26:45	554m	13'41"/km
5.	159	00:04:49	00:31:34	393m	12'15"/km
6.	174	00:03:39	00:35:13	280m	13'02"/km
7.	160	00:05:42	00:40:55	223m	25'34"/km
8.	121	00:09:39	00:50:34	595m	16'13"/km
9.	151	00:02:36	00:53:10	107m	24'18"/km
10.	152	00:05:06	00:58:16	324m	15'44"/km
11.	145	00:05:37	01:03:53	365m	15'23"/km
12.	120	00:04:07	01:08:00	396m	10'24"/km
13.	999	00:00:34	01:08:34	100m	5'40"/km

HELGA



Orienteering Software