



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Jackie VANDIJCK

K.O.L.

Omloop : H65

Afstand : 4990m (Hoogteverschil 160m)

Tijd : 0:54:39,773 (10'57"/km)

2/12

O.K.

[Volledige uitslagen op Webres](#)

1. Pierre WILLEMS	0:49:15
3. Alfred SIMKENS	1:00:49,386

1.	165	00:08:59		931m	9'39"/km
2.	163	00:04:22	00:13:21	372m	11'44"/km
3.	122	00:01:49	00:15:10	222m	8'11"/km
4.	118	00:06:26	00:21:36	554m	11'37"/km
5.	159	00:03:44	00:25:20	393m	9'30"/km
6.	174	00:02:47	00:28:07	280m	9'56"/km
7.	160	00:03:27	00:31:34	223m	15'28"/km
8.	121	00:07:47	00:39:21	595m	13'05"/km
9.	151	00:01:17	00:40:38	107m	12'00"/km
10.	152	00:04:03	00:44:41	324m	12'30"/km
11.	145	00:06:05	00:50:46	365m	16'40"/km
12.	120	00:03:24	00:54:10	396m	8'35"/km
13.	999	00:00:29	00:54:39	100m	4'50"/km

HELGA

Orienteering Software