Nationale Lange afstand
Dilsenerbos 6.11.2021
Omega

Paul CORTHOUTS
K.O.L.
Omloop : H60
Afstand : 5830m (Hoogteverschil 160m)
Tijd : 2:00:43 (20'42"/km)

15/17 O.K.

Volledige uitslagen op Webres

1.	Luc MELIS	0:49:37
2.	Patrick MOSSOUX	0:52:59
3.	Hennie KENNIS	1:00:15,660

1.	163	00:18:24		1194m	15'25"/km
2.	164	00:03:31	*00:21:55*	250m	14'04"/km
3.	135	00:10:49	*00:32:44*	494m	21'54"/km
4.	173	00:08:47	*00:41:31*	534m	16'27"/km
5.	151	00:09:55	*00:51:26*	582m	17'02"/km
6.	168	00:07:30	*00:58:56*	308m	24'21"/km
7.	169	00:11:30	*01:10:26*	723m	15'54"/km
8.	153	00:02:26	*01:12:52*	107m	22'44"/km
9.	146	00:03:19	*01:16:11*	111m	29'53"/km
10.	154	00:25:44	*01:41:55*	102m	252'17"/km
11.	147	00:04:07	*01:46:02*	203m	20'17"/km
12.	148	00:09:21	*01:55:23*	603m	15'30"/km
13.	120	00:04:18	*01:59:41*	386m	11'08"/km
14.	999	00:01:02	*02:00:43*	100m	10'20"/km

HELGA Orienteering Software

© HELGA Orienteering Software - www.HELGA-O.com