Nationale Lange afstand
Dilsenerbos 6.11.2021
Omega

Julius GARRAY
C.O. Liège
Omloop : H60
Afstand : 5830m (Hoogteverschil 160m)
Tijd : 1:38:10 (16'50"/km)

13/17 O.K.

Volledige uitslagen op Webres

1.	Luc MELIS	0:49:37
2.	Patrick MOSSOUX	0:52:59
3.	Hennie KENNIS	1:00:15,660

1.	163	00:17:35		1194m	14'44"/km
2.	164	00:03:52	*00:21:27*	250m	15'28"/km
3.	135	00:06:49	*00:28:16*	494m	13'48"/km
4.	173	00:10:55	*00:39:11*	534m	20'27"/km
5.	151	00:10:52	*00:50:03*	582m	18'40"/km
6.	168	00:06:01	*00:56:04*	308m	19'32"/km
7.	169	00:11:15	*01:07:19*	723m	15'34"/km
8.	153	00:03:27	*01:10:46*	107m	32'15"/km
9.	146	00:03:23	*01:14:09*	111m	30'29"/km
10.	154	00:05:57	*01:20:06*	102m	58'20"/km
11.	147	00:04:58	*01:25:04*	203m	24'28"/km
12.	148	00:08:24	*01:33:28*	603m	13'56"/km
13.	120	00:03:57	*01:37:25*	386m	10'14"/km
14.	999	00:00:45	*01:38:10*	100m	7'30"/km

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