



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Renaud VAN WETTER

C.O. Liège

Course : H50

Distance : 7420m (Climbing 190m)

Time : 1:08:03 (9'10"/km)

4/11

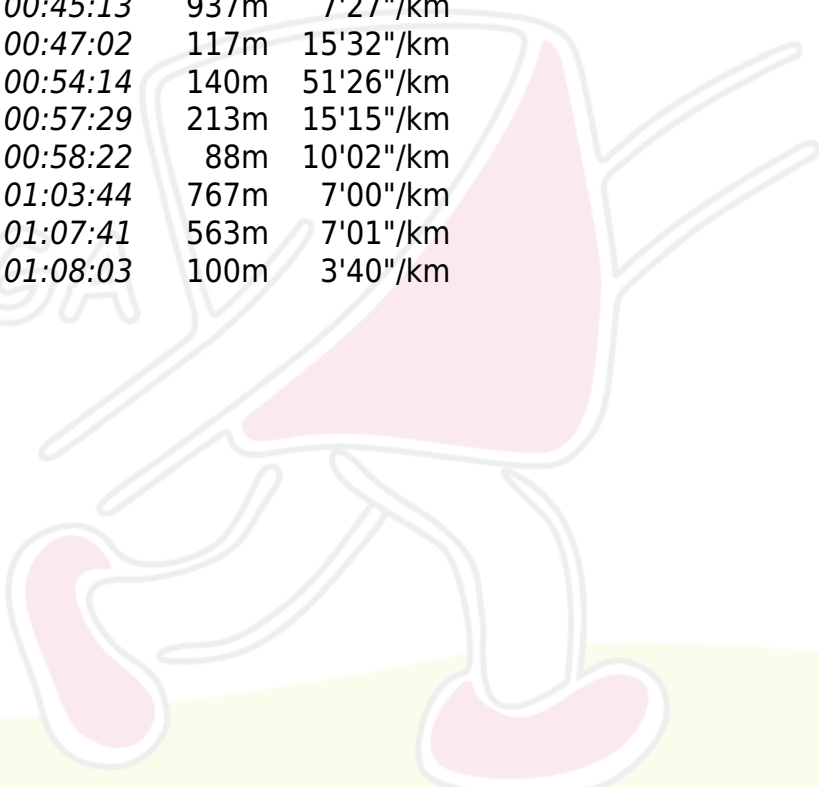
O.K.

[Full result on Webres](#)

1. Wim VERVOORT	1:01:43
2. Noël NIJSTEN	1:04:48
3. Frank BUYTAERT	1:04:57

1.	164	00:10:23		1328m	7'49"/km
2.	126	00:07:02	00:17:25	1045m	6'44"/km
3.	162	00:02:21	00:19:46	222m	10'35"/km
4.	123	00:05:41	00:25:27	724m	7'51"/km
5.	159	00:03:10	00:28:37	235m	13'29"/km
6.	136	00:03:32	00:32:09	403m	8'46"/km
7.	137	00:06:05	00:38:14	408m	14'55"/km
8.	156	00:06:59	00:45:13	937m	7'27"/km
9.	155	00:01:49	00:47:02	117m	15'32"/km
10.	146	00:07:12	00:54:14	140m	51'26"/km
11.	169	00:03:15	00:57:29	213m	15'15"/km
12.	150	00:00:53	00:58:22	88m	10'02"/km
13.	152	00:05:22	01:03:44	767m	7'00"/km
14.	120	00:03:57	01:07:41	563m	7'01"/km
15.	999	00:00:22	01:08:03	100m	3'40"/km

HELGA



Orienteering Software