



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Auke SCHILDER

Altair C.O.

Omloop : H45

Afstand : 8280m (Hoogteverschil 160m)

Tijd : 2:22:59 (17'16"/km)

14/15

O.K.

[Volledige uitslagen op Webres](#)

1. Kim JANSEN	1:11:01,234
2. Guido LENGES	1:12:29
3. Marc KERCKHOFS	1:13:28,691

1.	166	00:09:27		857m	11'02"/km
2.	135	00:06:23	00:15:50	613m	10'25"/km
3.	134	00:04:55	00:20:45	356m	13'49"/km
4.	133	00:05:21	00:26:06	201m	26'37"/km
5.	126	00:03:27	00:29:33	186m	18'33"/km
6.	130	00:05:54	00:35:27	377m	15'39"/km
7.	131	00:06:34	00:42:01	340m	19'19"/km
8.	146	00:46:53	01:28:54	2525m	18'34"/km
9.	142	00:11:34	01:40:28	544m	21'16"/km
10.	143	00:04:38	01:45:06	232m	19'58"/km
11.	170	00:05:04	01:50:10	153m	33'07"/km
12.	169	00:08:38	01:58:48	207m	41'42"/km
13.	153	00:02:38	02:01:26	107m	24'37"/km
14.	152	00:12:05	02:13:31	749m	16'08"/km
15.	148	00:05:12	02:18:43	214m	24'18"/km
16.	120	00:03:41	02:22:24	386m	9'33"/km
17.	999	00:00:35	02:22:59	100m	5'50"/km

Orienteering Software