



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Quentin GILLET

C.O. Liège

Omloop : H45

Afstand : 8280m (Hoogteverschil 160m)

Tijd : 1:13:36 (8'53"/km)

4/15

O.K.

[Volledige uitslagen op Webres](#)

1. Kim JANSEN	1:11:01,234
2. Guido LENGES	1:12:29
3. Marc KERCKHOFS	1:13:28,691

1.	166	00:07:08		857m	8'19"/km
2.	135	00:04:57	00:12:05	613m	8'05"/km
3.	134	00:04:28	00:16:33	356m	12'33"/km
4.	133	00:02:29	00:19:02	201m	12'21"/km
5.	126	00:02:38	00:21:40	186m	14'09"/km
6.	130	00:05:18	00:26:58	377m	14'04"/km
7.	131	00:03:24	00:30:22	340m	10'00"/km
8.	146	00:18:14	00:48:36	2525m	7'13"/km
9.	142	00:05:46	00:54:22	544m	10'36"/km
10.	143	00:02:48	00:57:10	232m	12'04"/km
11.	170	00:01:36	00:58:46	153m	10'27"/km
12.	169	00:02:01	01:00:47	207m	9'45"/km
13.	153	00:01:31	01:02:18	107m	14'10"/km
14.	152	00:06:28	01:08:46	749m	8'38"/km
15.	148	00:02:10	01:10:56	214m	10'07"/km
16.	120	00:02:17	01:13:13	386m	5'55"/km
17.	999	00:00:23	01:13:36	100m	3'50"/km

Orienteering Software