



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Ronald SOMERS

K.O.L.

Omloop : H40

Afstand : 8820m (Hoogteverschil 200m)

Tijd : 1:24:06 (9'32"/km)

1/8

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|--------------------|-------------|
| 2. Tarmo KUUB | 1:37:04,824 |
| 3. Raimonds BRICIS | 1:37:53 |

1.	163	00:11:17		1194m	9'27"/km
2.	164	00:02:14	00:13:31	250m	8'56"/km
3.	165	00:04:36	00:18:07	407m	11'18"/km
4.	135	00:02:26	00:20:33	272m	8'57"/km
5.	159	00:05:23	00:25:56	379m	14'12"/km
6.	166	00:01:58	00:27:54	297m	6'37"/km
7.	124	00:02:25	00:30:19	286m	8'27"/km
8.	131	00:02:30	00:32:49	323m	7'44"/km
9.	162	00:03:09	00:35:58	329m	9'34"/km
10.	117	00:10:39	00:46:37	1361m	7'50"/km
11.	121	00:05:15	00:51:52	349m	15'03"/km
12.	168	00:04:37	00:56:29	402m	11'29"/km
13.	142	00:07:03	01:03:32	796m	8'51"/km
14.	144	00:05:04	01:08:36	328m	15'27"/km
15.	169	00:01:25	01:10:01	150m	9'27"/km
16.	153	00:02:12	01:12:13	107m	20'34"/km
17.	154	00:01:54	01:14:07	205m	9'16"/km
18.	116	00:01:26	01:15:33	130m	11'02"/km
19.	148	00:05:49	01:21:22	637m	9'08"/km
20.	120	00:02:16	01:23:38	386m	5'52"/km
21.	999	00:00:28	01:24:06	100m	4'40"/km

Orienteering Software