



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Kris GEETS

hamok

Omloop : H21

Afstand : 9710m (Hoogteverschil 210m)

Tijd : 2:33:17 (15'47"/km)

4/4

O.K.

[Volledige uitslagen op Webres](#)

1. Lennert LENS	1:20:27,109
2. Nico CEUNEN	1:26:26,828
3. Gert GEBOERS	1:42:29

1.	137	00:09:00		828m	10'52"/km
2.	151	00:06:21	00:15:21	380m	16'43"/km
3.	152	00:06:14	00:21:35	324m	19'14"/km
4.	141	00:09:52	00:31:27	791m	12'28"/km
5.	144	00:02:08	00:33:35	151m	14'08"/km
6.	150	00:07:12	00:40:47	164m	43'54"/km
7.	146	00:09:20	00:50:07	291m	32'04"/km
8.	116	00:08:29	00:58:36	205m	41'23"/km
9.	156	00:02:33	01:01:09	118m	21'37"/km
10.	130	00:30:33	01:31:42	2433m	12'33"/km
11.	140	00:04:33	01:36:15	271m	16'47"/km
12.	157	00:04:09	01:40:24	292m	14'13"/km
13.	126	00:07:47	01:48:11	417m	18'40"/km
14.	158	00:04:53	01:53:04	356m	13'43"/km
15.	131	00:05:22	01:58:26	248m	21'38"/km
16.	123	00:08:56	02:07:22	700m	12'46"/km
17.	159	00:07:59	02:15:21	235m	33'58"/km
18.	136	00:06:40	02:22:01	403m	16'33"/km
19.	160	00:02:10	02:24:11	135m	16'03"/km
20.	117	00:03:06	02:27:17	269m	11'31"/km
21.	120	00:05:33	02:32:50	468m	11'52"/km
22.	999	00:00:27	02:33:17	100m	4'30"/km

Orienteering Software