



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Nico CEUNEN

hamok

Omloop : H21

Afstand : 9710m (Hoogteverschil 210m)

Tijd : 1:26:26,828 (8'54"/km)

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O.K.

[Volledige uitslagen op Webres](#)

1. Lennert LENS	1:20:27,109
3. Gert GEBOERS	1:42:29

1.	137	00:07:49		828m	9'26"/km
2.	151	00:06:54	00:14:43	380m	18'09"/km
3.	152	00:02:55	00:17:38	324m	9'00"/km
4.	141	00:07:19	00:24:57	791m	9'15"/km
5.	144	00:01:45	00:26:42	151m	11'35"/km
6.	150	00:06:38	00:33:20	164m	40'27"/km
7.	146	00:02:04	00:35:24	291m	7'06"/km
8.	116	00:02:52	00:38:16	205m	13'59"/km
9.	156	00:01:53	00:40:09	118m	15'58"/km
10.	130	00:15:23	00:55:32	2433m	6'19"/km
11.	140	00:02:43	00:58:15	271m	10'01"/km
12.	157	00:02:34	01:00:49	292m	8'47"/km
13.	126	00:02:51	01:03:40	417m	6'50"/km
14.	158	00:03:05	01:06:45	356m	8'40"/km
15.	131	00:02:39	01:09:24	248m	10'41"/km
16.	123	00:04:44	01:14:08	700m	6'46"/km
17.	159	00:02:14	01:16:22	235m	9'30"/km
18.	136	00:03:05	01:19:27	403m	7'39"/km
19.	160	00:01:21	01:20:48	135m	10'00"/km
20.	117	00:02:02	01:22:50	269m	7'34"/km
21.	120	00:03:23	01:26:13	468m	7'14"/km
22.	999	00:00:13	01:26:26	100m	2'10"/km

Orienteering Software