



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Jens DEFERM

hamok

Omloop : H10B

Afstand : 2460m (Hoogteverschil 50m)

Tijd : 0:22:21 (9'05"/km)

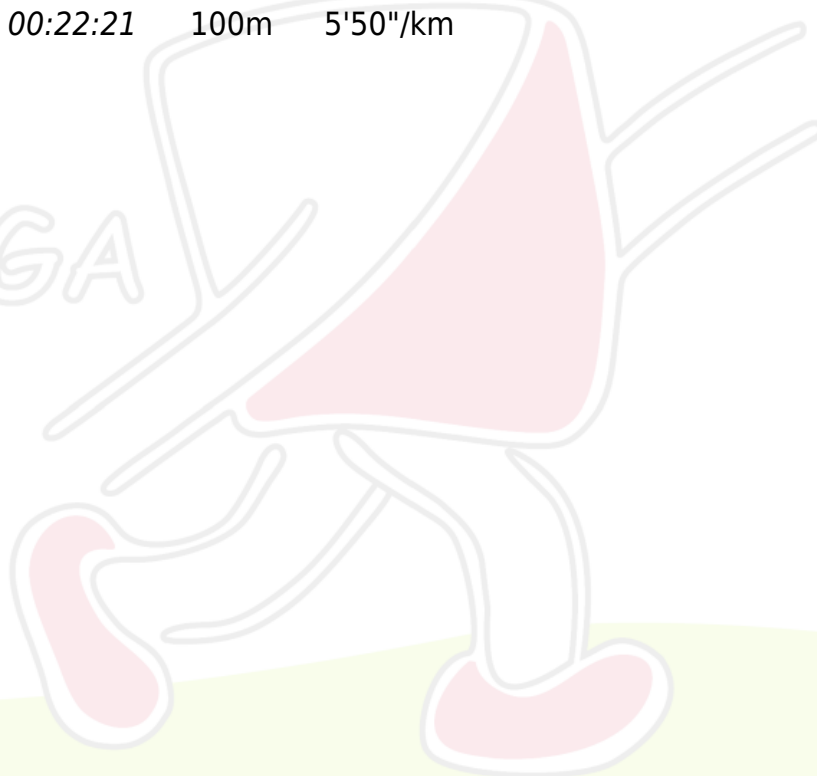
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O.K.

[Volledige uitslagen op Webres](#)

1.	183	00:03:51		254m	15'09"/km
2.	119	00:03:01	00:06:52	315m	9'35"/km
3.	180	00:04:17	00:11:09	422m	10'09"/km
4.	111	00:03:17	00:14:26	397m	8'16"/km
5.	182	00:01:31	00:15:57	149m	10'11"/km
6.	181	00:01:39	00:17:36	221m	7'28"/km
7.	112	00:02:05	00:19:41	241m	8'39"/km
8.	120	00:02:05	00:21:46	231m	9'01"/km
9.	999	00:00:35	00:22:21	100m	5'50"/km

HELGA



Orienteering Software