



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Lily-Anne COLE

TROL

Omloop : D65

Afstand : 3140m (Hoogteverschil 90m)

Tijd : 0:52:00,507 (16'34"/km)

7/9

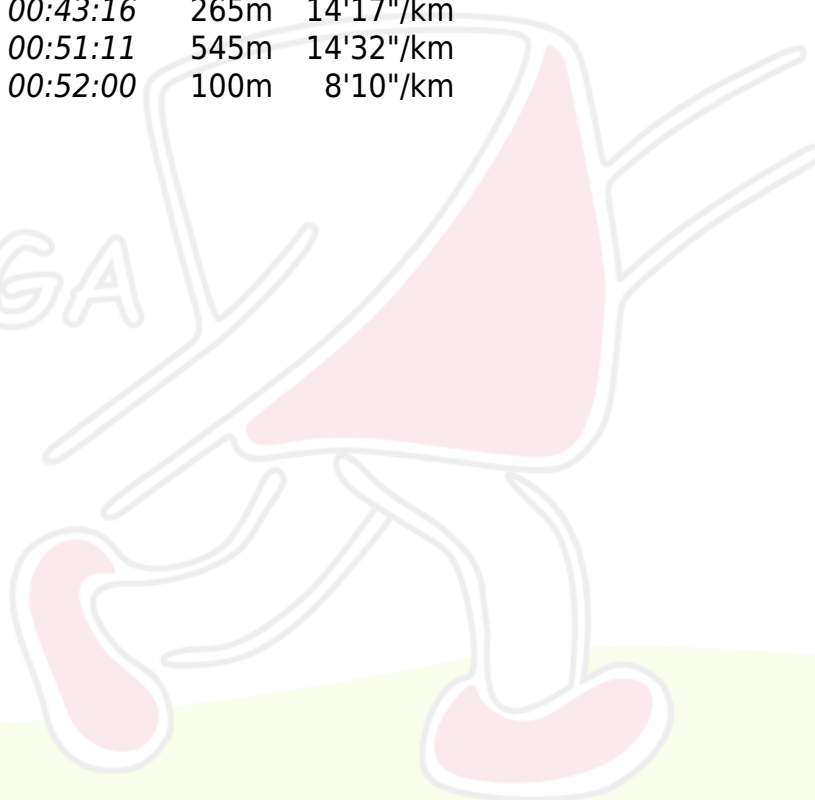
O.K.

[Volledige uitslagen op Webres](#)

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|----------------------|---------|
| 1. Lea SWINNEN | 0:36:04 |
| 2. Nicole VANHEES | 0:44:51 |
| 3. Elisabeth VLIENEN | 0:45:53 |

1.	136	00:07:23		474m	15'35"/km
2.	174	00:03:37	00:11:00	126m	28'42"/km
3.	123	00:10:27	00:21:27	402m	26'00"/km
4.	166	00:02:46	00:24:13	141m	19'37"/km
5.	167	00:06:50	00:31:03	357m	19'08"/km
6.	175	00:04:14	00:35:17	286m	14'48"/km
7.	165	00:04:12	00:39:29	319m	13'10"/km
8.	137	00:03:47	00:43:16	265m	14'17"/km
9.	120	00:07:55	00:51:11	545m	14'32"/km
10.	999	00:00:49	00:52:00	100m	8'10"/km

HELGA



Orienteering Software