Nationale Lange afstand
Dilsenerbos 6.11.2021
Omega

Bernadette VANDERMEULEN
C.O. Liège
Omloop : D65
Afstand : 3140m (Hoogteverschil 90m)
Tijd : 0:48:38,085 (15'29"/km)

5/9 O.K.

Volledige uitslagen op Webres

1. Lea SWINNEN 0:36:04
2. Nicole VANHEES 0:44:51
3. Elisabeth VLIEGEN 0:45:53

1.	136	00:06:45		474m	14'14"/km
2.	174	00:02:41	*00:09:26*	126m	21'18"/km
3.	123	00:08:06	*00:17:32*	402m	20'09"/km
4.	166	00:03:46	*00:21:18*	141m	26'43"/km
5.	167	00:05:57	*00:27:15*	357m	16'40"/km
6.	175	00:04:26	*00:31:41*	286m	15'30"/km
7.	165	00:04:29	*00:36:10*	319m	14'03"/km
8.	137	00:03:33	*00:39:43*	265m	13'24"/km
9.	120	00:08:13	*00:47:56*	545m	15'05"/km
10.	999	00:00:42	*00:48:38*	100m	7'00"/km

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