



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Paulette BLOMMEN

Omega

Course : D65

Distance : 3140m (Climbing 90m)

Time : 0:47:25 (15'06"/km)

4/9

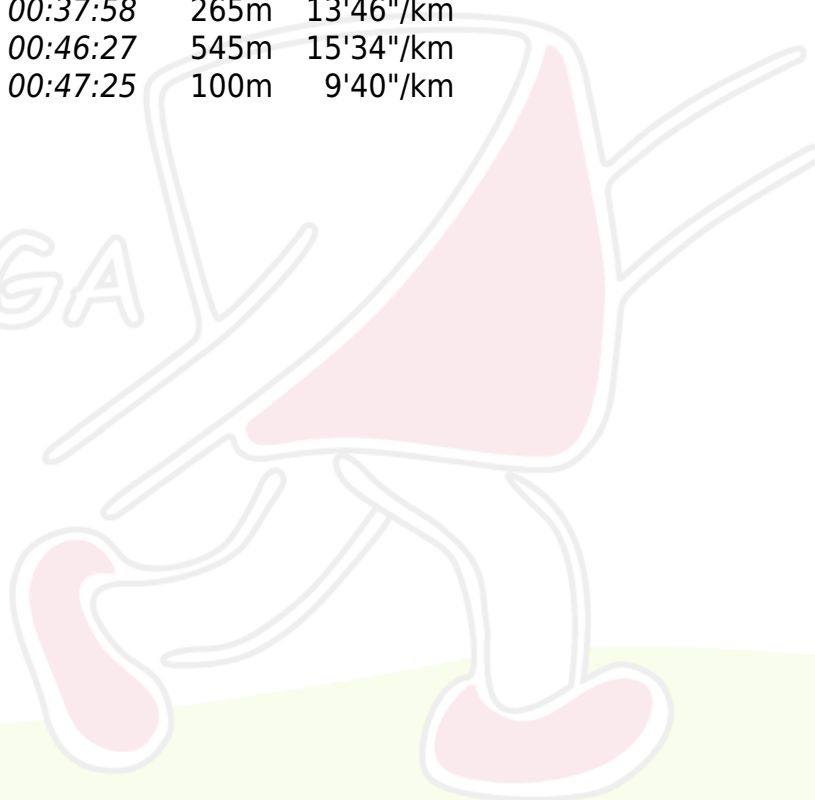
O.K.

[Full result on Webres](#)

1. Lea SWINNEN	0:36:04
2. Nicole VANHEES	0:44:51
3. Elisabeth VLIENEN	0:45:53

1.	136	00:07:16		474m	15'20"/km
2.	174	00:03:11	00:10:27	126m	25'16"/km
3.	123	00:07:23	00:17:50	402m	18'22"/km
4.	166	00:02:44	00:20:34	141m	19'23"/km
5.	167	00:05:36	00:26:10	357m	15'41"/km
6.	175	00:03:46	00:29:56	286m	13'10"/km
7.	165	00:04:23	00:34:19	319m	13'44"/km
8.	137	00:03:39	00:37:58	265m	13'46"/km
9.	120	00:08:29	00:46:27	545m	15'34"/km
10.	999	00:00:58	00:47:25	100m	9'40"/km

HELGA



Orienteering Software