



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Elisabeth VLIEGEN

N.S.V. Amel

Omloop : D65

Afstand : 3140m (Hoogteverschil 90m)

Tijd : 0:45:53 (14'37"/km)

3/9

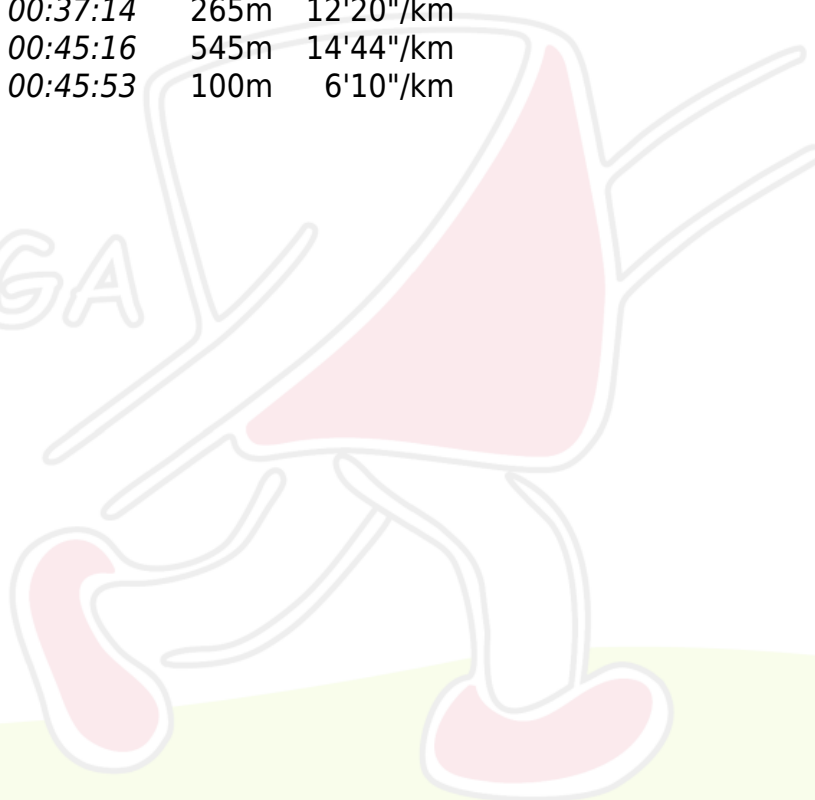
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Lea SWINNEN | 0:36:04 |
| 2. Nicole VANHEES | 0:44:51 |

1.	136	00:06:13		474m	13'07"/km
2.	174	00:02:30	00:08:43	126m	19'50"/km
3.	123	00:09:07	00:17:50	402m	22'41"/km
4.	166	00:03:07	00:20:57	141m	22'06"/km
5.	167	00:06:13	00:27:10	357m	17'25"/km
6.	175	00:03:14	00:30:24	286m	11'18"/km
7.	165	00:03:34	00:33:58	319m	11'11"/km
8.	137	00:03:16	00:37:14	265m	12'20"/km
9.	120	00:08:02	00:45:16	545m	14'44"/km
10.	999	00:00:37	00:45:53	100m	6'10"/km

HELGA



Orienteering Software