



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Wendy CAMPSTEYN

hamok

Omloop : D35

Afstand : 5830m (Hoogteverschil 160m)

Tijd : 1:40:40,218 (17'16"/km)

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O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|---------|
| 1. Tania HENDRICKX | 1:34:46 |
| 2. Sonja ROSIUS | 1:36:16 |

1.	163	00:18:41		1194m	15'39"/km
2.	164	00:04:52	00:23:33	250m	19'28"/km
3.	135	00:06:55	00:30:28	494m	14'00"/km
4.	173	00:10:52	00:41:20	534m	20'21"/km
5.	151	00:11:13	00:52:33	582m	19'16"/km
6.	168	00:06:05	00:58:38	308m	19'45"/km
7.	169	00:08:09	01:06:47	723m	11'16"/km
8.	153	00:03:50	01:10:37	107m	35'50"/km
9.	146	00:02:52	01:13:29	111m	25'50"/km
10.	154	00:03:08	01:16:37	102m	30'43"/km
11.	147	00:03:58	01:20:35	203m	19'32"/km
12.	148	00:15:35	01:36:10	603m	25'51"/km
13.	120	00:03:45	01:39:55	386m	9'43"/km
14.	999	00:00:45	01:40:40	100m	7'30"/km

HELGA

Orienteering Software