



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Sonja ROSIUS

Omega

Course : D35

Distance : 5830m (Climbing 160m)

Time : 1:36:16 (16'31"/km)

2/3

O.K.

[Full result on Webres](#)

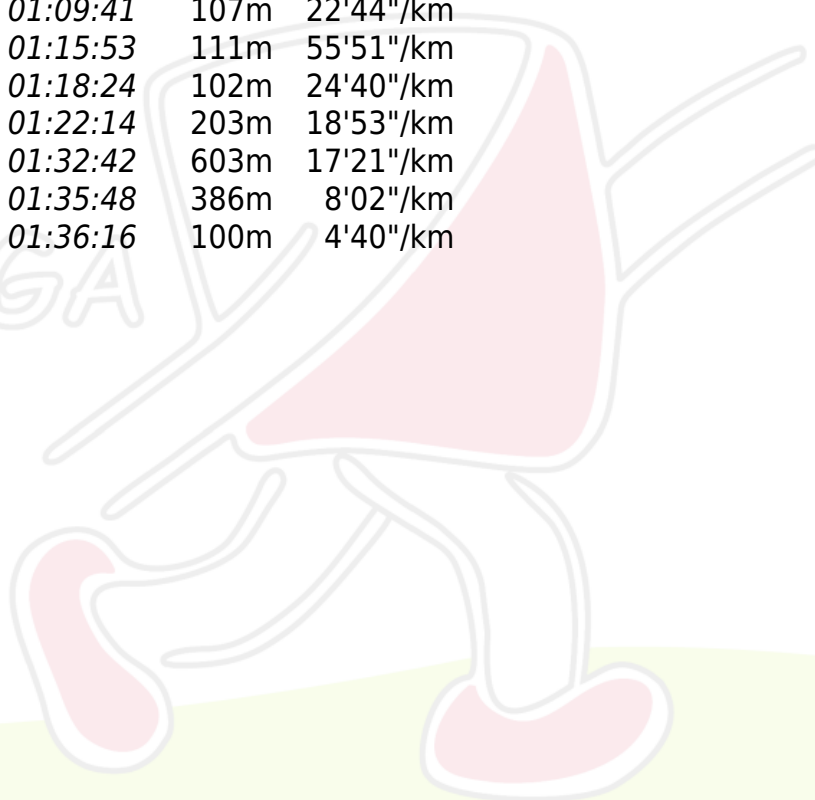
1. Tania HENDRICKX
3. Wendy CAMPSTEYN

1:34:46

1:40:40,218

1.	163	00:29:13		1194m	24'28"/km
2.	164	00:06:04	00:35:17	250m	24'16"/km
3.	135	00:05:58	00:41:15	494m	12'05"/km
4.	173	00:06:16	00:47:31	534m	11'44"/km
5.	151	00:08:10	00:55:41	582m	14'02"/km
6.	168	00:04:24	01:00:05	308m	14'17"/km
7.	169	00:07:10	01:07:15	723m	9'55"/km
8.	153	00:02:26	01:09:41	107m	22'44"/km
9.	146	00:06:12	01:15:53	111m	55'51"/km
10.	154	00:02:31	01:18:24	102m	24'40"/km
11.	147	00:03:50	01:22:14	203m	18'53"/km
12.	148	00:10:28	01:32:42	603m	17'21"/km
13.	120	00:03:06	01:35:48	386m	8'02"/km
14.	999	00:00:28	01:36:16	100m	4'40"/km

HELGA



Orienteering Software