



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Annelies VERMONDEN

TROL

Omloop : D21

Afstand : 7420m (Hoogteverschil 190m)

Tijd : 1:40:03 (13'29"/km)

4/6

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Elke VERDEYEN | 1:17:56 |
| 2. Kim TIREZ | 1:22:17 |
| 3. Kirsten VERSTRAETE | 1:27:19 |

1.	164	00:12:13		1328m	9'12"/km
2.	126	00:09:41	00:21:54	1045m	9'16"/km
3.	162	00:03:09	00:25:03	222m	14'11"/km
4.	123	00:09:10	00:34:13	724m	12'40"/km
5.	159	00:07:10	00:41:23	235m	30'30"/km
6.	136	00:03:52	00:45:15	403m	9'36"/km
7.	137	00:06:42	00:51:57	408m	16'25"/km
8.	156	00:09:57	01:01:54	937m	10'37"/km
9.	155	00:01:48	01:03:42	117m	15'23"/km
10.	154	00:01:17	01:04:59		
11.	146	00:08:09	01:13:08	102m	79'54"/km
12.	169	00:02:47	01:15:55	213m	13'04"/km
13.	150	00:09:11	01:25:06	88m	104'21"/km
14.	152	00:08:20	01:33:26	767m	10'52"/km
15.	120	00:06:06	01:39:32	563m	10'50"/km
16.	999	00:00:31	01:40:03	100m	5'10"/km

Orienteering Software