

Sam DE JONGH

ZOM

Course : H:6K

Distance : 6000m

Time : 1:12:35 (12'06"/km)

13/19

O.K.

[Full result on Webres](#)

- | | |
|------------------|-------------|
| 1. Roel SMOLDERS | 0:40:06 |
| 2. Michael HOCK | 0:48:18,718 |
| 3. Jan COOLS | 0:48:51,652 |

1.	69	00:00:26		69m	6'17"/km
2.	70	00:00:55	00:01:21	65m	14'06"/km
3.	71	00:04:19	00:05:40	321m	13'27"/km
4.	33	00:01:16	00:06:56	110m	11'31"/km
5.	34	00:00:47	00:07:43	91m	8'36"/km
6.	73	00:01:14	00:08:57	102m	12'05"/km
7.	39	00:01:50	00:10:47	106m	17'18"/km
8.	38	00:02:38	00:13:25	209m	12'36"/km
9.	74	00:00:25	00:13:50	32m	13'01"/km
10.	40	00:17:29	00:31:19	440m	39'44"/km
11.	41	00:01:45	00:33:04	201m	8'42"/km
12.	42	00:00:50	00:33:54	102m	8'10"/km
13.	75	00:00:26	00:34:20	55m	7'53"/km
14.	43	00:03:53	00:38:13	238m	16'19"/km
15.	76	00:00:50	00:39:03	63m	13'14"/km
16.	46	00:00:42	00:39:45	79m	8'52"/km
17.	47	00:01:33	00:41:18	199m	7'47"/km
18.	77	00:04:18	00:45:36	529m	8'08"/km
19.	50	00:00:37	00:46:13	53m	11'38"/km
20.	51	00:01:18	00:47:31	87m	14'57"/km
21.	52	00:03:09	00:50:40	146m	21'35"/km
22.	53	00:01:54	00:52:34	115m	16'31"/km
23.	55	00:03:00	00:55:34	192m	15'38"/km
24.	81	00:01:21	00:56:55	104m	12'59"/km
25.	56	00:02:05	00:59:00	139m	14'59"/km
26.	78	00:00:47	00:59:47	54m	14'30"/km
27.	57	00:01:14	01:01:01	96m	12'51"/km
28.	65	00:04:32	01:05:33	258m	17'34"/km
29.	64	00:03:21	01:08:54	109m	30'44"/km
30.	79	00:00:36	01:09:30	70m	8'34"/km
31.	68	00:02:07	01:11:37		
32.	58	00:00:41	01:12:18	32m	21'21"/km
33.	68	00:00:11	01:12:29	32m	5'44"/km
34.	999	00:00:06	01:12:35	41m	2'26"/km