

Lies PROVOOST

ZOM

Course : D:8K

Distance : 8000m

Time : 1:20:20 (10'03"/km)

4/6

O.K.

[Full result on Webres](#)

1. Danielle DEWICKERE	0:58:23,820
2. Kim TIREZ	1:05:17
3. Ellen MOLS	1:12:20,253

1.	31	00:01:29		98m	15'08"/km
2.	32	00:02:55	00:04:24	104m	28'03"/km
3.	66	00:02:36	00:07:00	251m	10'22"/km
4.	33	00:00:55	00:07:55	85m	10'47"/km
5.	46	00:00:46	00:08:41	69m	11'07"/km
6.	34	00:00:37	00:09:18	55m	11'13"/km
7.	72	00:00:48	00:10:06	74m	10'49"/km
8.	45	00:00:30	00:10:36	48m	10'25"/km
9.	35	00:01:13	00:11:49	55m	22'07"/km
10.	36	00:01:22	00:13:11	143m	9'33"/km
11.	37	00:02:49	00:16:00	197m	14'18"/km
12.	38	00:01:11	00:17:11	74m	15'59"/km
13.	39	00:03:32	00:20:43	209m	16'54"/km
14.	40	00:03:29	00:24:12	290m	12'01"/km
15.	41	00:01:52	00:26:04	201m	9'17"/km
16.	42	00:01:13	00:27:17	102m	11'56"/km
17.	43	00:03:12	00:30:29	278m	11'31"/km
18.	47	00:02:28	00:32:57	180m	13'42"/km
19.	48	00:02:14	00:35:11	187m	11'57"/km
20.	49	00:04:00	00:39:11	412m	9'43"/km
21.	50	00:01:23	00:40:34	100m	13'50"/km
22.	51	00:02:11	00:42:45	87m	25'06"/km
23.	80	00:00:58	00:43:43	41m	23'35"/km
24.	56	00:03:02	00:46:45	233m	13'01"/km
25.	55	00:01:22	00:48:07	125m	10'56"/km
26.	54	00:01:07	00:49:14	124m	9'00"/km
27.	53	00:01:01	00:50:15	83m	12'15"/km
28.	52	00:01:42	00:51:57	115m	14'47"/km
29.	57	00:03:03	00:55:00	208m	14'40"/km
30.	64	00:05:06	01:00:06	185m	27'34"/km
31.	65	00:03:41	01:03:47	109m	33'48"/km
32.	67	00:01:31	01:05:18	78m	19'27"/km
33.	59	00:05:22	01:10:40	459m	11'42"/km
34.	60	00:00:47	01:11:27	69m	11'21"/km
35.	61	00:00:39	01:12:06	33m	19'42"/km
36.	62	00:01:08	01:13:14	65m	17'26"/km

37.	63	00:02:56	01:16:10	109m	26'55"/km
38.	58	00:03:49	01:19:59	200m	19'05"/km
39.	68	00:00:13	01:20:12	32m	6'46"/km
40.	999	00:00:08	01:20:20	41m	3'15"/km

