



Friskis Boostcamp 2013 / ARDOC Training
Worriken 17.11.2013
O.L.G. St. Vith ARDOC

Sarah GENTEN

O.L.G. St. Vith ARDOC

Course : Short Difficult

Distance : 3700m (Climbing 65m)

Time : 0:43:11 (11'40"/km)

7/14

O.K.

[Full result on Webres](#)

- | | |
|-----------------------------|---------|
| 1. Ludwig KAUT | 0:37:09 |
| 2. Christian KRINGS | 0:37:50 |
| 3. Elisabeth UDELHOVEN-FELL | 0:38:07 |

HELGA



Orienteering Software