



Friskis Boostcamp 2013 / ARDOC Training
Worriken 17.11.2013
O.L.G. St. Vith ARDOC

Michel SEPULCHRE

O.L.G. St. Vith ARDOC

Course : Long Difficult

Distance : 6200m (Climbing 130m)

Time : 0:59:36 (9'36"/km)

5/8

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Michael HENNES | 0:42:32 |
| 2. Alexander JOST | 0:50:08 |
| 3. Freddy HENKES | 0:52:48 |

HELGA



Orienteering Software