

Helge BJAALAND

PWT

Course : HyperVet Men (H75+)

Distance : 2300m (Climbing 75m)

Time : 0:29:17 (12'44"/km)

4/24

O.K.

[Full result on Webres](#)

- | | |
|----------------------|---------|
| 1. Mike IN 'T GROEN | 0:25:24 |
| 2. Jon Roll FÆRDEN | 0:26:05 |
| 3. Jan Petter LAUGEN | 0:27:00 |

1.	163	00:02:45		166m	16'34"/km
2.	138	00:00:45	00:03:30	63m	11'54"/km
3.	164	00:03:09	00:06:39	219m	14'23"/km
4.	160	00:05:26	00:12:05	342m	15'53"/km
5.	165	00:02:47	00:14:52	272m	10'14"/km
6.	141	00:02:30	00:17:22	199m	12'34"/km
7.	158	00:02:55	00:20:17	205m	14'14"/km
8.	156	00:03:23	00:23:40	306m	11'03"/km
9.	161	00:02:17	00:25:57	143m	15'58"/km
10.	100	00:02:28	00:28:25	190m	12'59"/km
11.	999	00:00:52	00:29:17	153m	5'40"/km

HELGA

Orienteering Software