

Dmitry USHAKOV

London OK

Course : Veteran Men (H40-54)

Distance : 11200m (Climbing 260m)

Time : 1:10:38,941 (6'18"/km)

4/61

O.K.

[Full result on Webres](#)

1. Julien GAFFURI	1:04:35,433
2. Javier MONTIEL BONMATI	1:06:37,937
3. Raik ZSCHÄCKEL	1:08:26,554

1.	52	00:01:05		187m	5'48"/km
2.	48	00:00:16	00:01:21	41m	6'30"/km
3.	35	00:07:12	00:08:33	1228m	5'52"/km
4.	36	00:01:23	00:09:56	98m	14'07"/km
5.	54	00:03:09	00:13:05	506m	6'14"/km
6.	37	00:07:40	00:20:45	583m	13'09"/km
7.	140	00:01:14	00:21:59	121m	10'12"/km
8.	137	00:01:10	00:23:09	185m	6'18"/km
9.	139	00:00:56	00:24:05	219m	4'16"/km
10.	40	00:00:53	00:24:58	200m	4'25"/km
11.	44	00:06:10	00:31:08	1352m	4'34"/km
12.	45	00:02:21	00:33:29	305m	7'42"/km
13.	56	00:07:34	00:41:03	1013m	7'28"/km
14.	50	00:03:26	00:44:29	383m	8'58"/km
15.	55	00:02:00	00:46:29	345m	5'48"/km
16.	57	00:02:23	00:48:52	442m	5'24"/km
17.	53	00:01:13	00:50:05	159m	7'39"/km
18.	74	00:01:55	00:52:00	429m	4'28"/km
19.	63	00:01:03	00:53:03	207m	5'04"/km
20.	59	00:01:03	00:54:06	260m	4'02"/km
21.	60	00:01:13	00:55:19	286m	4'15"/km
22.	138	00:01:13	00:56:32	206m	5'54"/km
23.	39	00:01:13	00:57:45	274m	4'26"/km
24.	66	00:00:19	00:58:04	78m	4'04"/km
25.	68	00:01:07	00:59:11	261m	4'17"/km
26.	70	00:02:21	01:01:32	629m	3'44"/km
27.	69	00:02:03	01:03:35	313m	6'33"/km
28.	49	00:03:21	01:06:56	513m	6'32"/km
29.	43	00:01:54	01:08:50	113m	16'49"/km
30.	100	00:01:26	01:10:16	438m	3'16"/km
31.	999	00:00:22	01:10:38	96m	3'49"/km