

VVO Kampioenschap Middle Distance
Kepkensberg 20.10.2013
hamok

Ferdy NIJST

K.O.L.

Course : Short Difficult

Distance : 3530m (Climbing 25m)

Time : 0:45:30 (12'53"/km)

5/21

O.K.

[Full result on Webres](#)

1. Tino NIJST	0:38:17
2. Daniel MARINUS	0:40:19
3. Marc HERMANS	0:41:18

HELGA



Orienteering Software