



3º Percurso Treino do COSEC - 2021
Fazenda Vereda Bonita 10.10.2021
Clube de Orientação Serra dos Cristais

Jander Amorim Silva

Clube de Orientação do Colégio Militar de
Brasília

Course : H Adulto A

Distance : 4800m (Climbing 120m)

Time : 4:24:05 (55'01"/km)

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O.K.

[Full result on Webres](#)

1. Wilton Fernandes De Sousa	1:15:02
2. José Carlos Lemos Barbosa	1:21:19
3. Marcelo de Faria Paulino	1:38:29

1.	49	00:02:58		155m	19'08"/km
2.	53	00:16:36	00:19:34	160m	103'45"/km
3.	45	00:04:41	00:24:15	239m	19'36"/km
4.	47	01:20:49	01:45:04	271m	298'13"/km
5.	44	00:03:39	01:48:43	257m	14'12"/km
6.	46	00:09:35	01:58:18	365m	26'15"/km
7.	50	00:06:54	02:05:12	265m	26'02"/km
8.	32	00:09:56	02:15:08	614m	16'11"/km
9.	37	00:04:37	02:19:45	362m	12'45"/km
10.	40	00:04:28	02:24:13	383m	11'40"/km
11.	42	00:28:05	02:52:18	339m	82'51"/km
12.	53	01:16:41	04:08:59	533m	143'52"/km
13.	32	00:12:20	04:21:19	544m	22'40"/km
14.	31	00:02:33	04:23:52	236m	10'48"/km
15.	999	00:00:13	04:24:05	67m	3'14"/km

Orienteering Software