



3º Percurso Treino do COSEC - 2021
Fazenda Vereda Bonita 10.10.2021
Clube de Orientação Serra dos Cristais

Rômulo Attanázio Jacob

Clube de Orientação Serra dos Cristais

Course : H Adulto E

Distance : 5000m (Climbing 150m)

Time : 1:01:37 (12'19"/km)

1/4

O.K.

[Full result on Webres](#)

2. Riquelme Silva Toledo

1:25:33

3. Rafael Augusto Pollini

2:10:45

1.	53	00:04:15		243m	17'29"/km
2.	50	00:04:42	00:08:57	441m	10'39"/km
3.	37	00:08:52	00:17:49	719m	12'20"/km
4.	35	00:01:24	00:19:13	127m	11'01"/km
5.	40	00:02:10	00:21:23	316m	6'51"/km
6.	42	00:03:29	00:24:52	339m	10'17"/km
7.	49	00:06:37	00:31:29	635m	10'25"/km
8.	45	00:07:43	00:39:12	382m	20'12"/km
9.	43	00:04:07	00:43:19	191m	21'33"/km
10.	44	00:05:19	00:48:38	244m	21'47"/km
11.	47	00:03:42	00:52:20	257m	14'24"/km
12.	46	00:03:31	00:55:51	230m	15'17"/km
13.	41	00:03:22	00:59:13	389m	8'39"/km
14.	31	00:02:12	01:01:25	395m	5'34"/km
15.	999	00:00:12	01:01:37	67m	2'59"/km

HELGA
Orienteering Software